

# JULY | 2019

## SUMMER SAFE



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>1</b> Pop Tart Choice (38) Mozzarella Cheese Stick (1) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Go Gurt (18) with Bagel (29) Cold Corn Salad (33) Juice Choice Milk Choice (11-24)</p>	<p><b>2</b> Double Chocolate Muffin (32) Mozzarella Cheese Stick (1) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Turkey (2) Sub Sandwich (26) Carrots (6)/Ranch Dressing (2) Fruit Choice Milk Choice (11-24)</p>	<p><b>3</b> Glazed Donut (29) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Chicken Tender (8) Taco (30) Edamame (8) Salsa (3) Fruit Choice Milk Choice (11-24)</p>	<p><b>4</b></p> 	<p><b>5</b> Cake Donut (23) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Cheese (2) Sandwich on Goldfish Bread(21) Cheese stick (1) Grape Tomatoes (3) and Baby Carrots (6) Ranch Dressing (2) Fruit Choice Milk Choice (11-24)</p>
<p><b>8</b> Cereal Bar Choice (30) Mozzarella Cheese Stick (1) Applesauce Cup (15) Juice Choice Milk Choice (11-24) Lunch Vegetarian Nacho (20) Cold Bean Salsa (29) Juice Choice Milk Choice (11-24)</p>	<p><b>9</b> Cake Donut (23) Mozzarella Cheese Stick (1) Fresh Fruit Juice Choice Milk Choice (11-24) Lunch Diced Turkey(3) and Cheese (2) Lunchable (30) Carrots (6)/ Ranch Dressing (2) Fruit Choice Milk Choice (11-24)</p>	<p><b>10</b> Whole Grain Cinnamon Bun (38) Fresh Fruit Juice Choice Milk Choice (11-24) Lunch Popcorn Chicken (12) Salad Cheez Its (14) Cucumber Slices (3) Tomatoes (3)/Dressing (2) Fruit Choice Milk Choice (11-24)</p>	<p><b>11</b> Cereal Bowl Choice (23) Mozzarella Cheese Stick (1) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Sunbutter (8) and Jelly (13) Sandwich (26) Cheese Stick (1) Edamame (8) Fruit Choice Milk Choice (11-24)</p>	<p><b>12</b> Pop Tart Choice (38) Mozzarella Cheese Stick (1) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Pizza Sub Sandwich(30) Broccoli Florets (6)/Ranch Dressing (2) Fruit Choice Milk Choice (11-24)</p>
<p><b>15</b> Pop Tart Choice (38) Mozzarella Cheese Stick (1) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Go Gurt (18) with Bagel (29) Cold Corn Salad (33) Juice Choice Milk Choice (11-24)</p>	<p><b>16</b> Double Chocolate Muffin (32) Mozzarella Cheese Stick (1) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Turkey (2) Sub Sandwich (26) Carrots (6)/Ranch Dressing (2) Fruit Choice Milk Choice (11-24)</p>	<p><b>17</b> Glazed Donut (29) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Chicken Tender (8) Taco (30) Edamame (8) Salsa (3) Fruit Choice Milk Choice (11-24)</p>	<p><b>18</b> Cereal Bowl Choice (23) Mozzarella Cheese Stick (1) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Cobb Salad (2)/Dressing (2) Chips (16) Fruit Choice Milk Choice (11-24)</p>	<p><b>19</b> Cake Donut (23) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Cheese(2) Sandwich on Goldfish Bread(21) Cheese stick (1) Grape Tomatoes (3) and Baby Carrots (6) Ranch Dressing (2) Fruit Choice Milk Choice (11-24)</p>
<p><b>22</b> Cereal Bar Choice (30) Mozzarella Cheese Stick (1) Applesauce Cup (15) Juice Choice Milk Choice (11-24) Lunch Vegetarian Nacho (20) Cold Bean Salsa (29) Juice Choice Milk Choice (11-24)</p>	<p><b>23</b> Cake Donut (23) Mozzarella Cheese Stick (1) Fresh Fruit Juice Choice Milk Choice (11-24) Lunch Diced Turkey(3) and Cheese (2) Lunchable (30) Carrots (6)/ Ranch Dressing (2) Fruit Choice Milk Choice (11-24)</p>	<p><b>24</b> Whole Grain Cinnamon Bun (38) Fresh Fruit Juice Choice Milk Choice (11-24) Lunch Popcorn Chicken (12) Salad Cheez Its (14) Cucumber Slices (3) Tomatoes (3)/Dressing (2) Fruit Choice Milk Choice (11-24)</p>	<p><b>25</b> Cereal Bowl Choice (23) Mozzarella Cheese Stick (1) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Sunbutter (8) and Jelly (13) Sandwich (26) Cheese Stick (1) Edamame (8) Fruit Choice Milk Choice (11-24)</p>	<p><b>26</b> Pop Tart Choice (38) Mozzarella Cheese Stick (1) Fruit Choice Juice Choice Milk Choice (11-24) Lunch Pizza Sub Sandwich(30) Broccoli Florets (6)/Ranch Dressing (2) Fruit Choice Milk Choice (11-24)</p>
<p><b>29</b></p>	<p><b>30</b></p>	<p><b>31</b></p>	<p><b>1</b></p>	<p><b>2</b></p>

### News

#### Menu Subject to Change

#### Who is eligible to receive free meals?

All Children 18 years of age or younger who come to an approved site.

Milk offered daily  
1 % White  
Skim Chocolate